

Unit 16 What is *tofu* made from?

Learning the names of various grains used as food ingredients and the names of various foods made from them.

Unit Aims

A large number of people in the world eat various grains as the main part of their diet. People in Asia usually eat rice and people in Europe and America usually eat wheat as their major grain. There are people who eat corn as their main substance. Grains become the main substance and also are the ingredient for many other kinds of food. Children will work on activities and think about what can be made from the various grains and learn the English names of many different kinds of food.

Vocabulary

rice wheat corn soybeans rice cake rice cracker sake glue
soap oil bread *udon* beer corn chips popcorn cookie *miso tofu*
soy sauce

Classroom English

What is this man making?

What is *tofu* made from?

What is made from rice?

Put the butter in the frying pan.

Step of Activities

- (1) Looking at the pictures and learning the English names of the main grains. P.71
- (2) Thinking about what each of the foods are made from and choosing the ingredients. P.72
- (3) Categorizing the various foods into groups of their ingredients. P.73

- (4) Making popcorn, which is made from corn, and having a party. P.74

Reference

When something is made from certain materials or ingredients, there are two expressions “made of ~” and “made from ~” to talk about this. Basically, “made of ~” is used if the original form of the ingredient can be seen in the product, and “made from ~” is used when the ingredient cannot be seen. However, this is just a general rule, and it seems that different people use the above two expressions in different ways.

Other Possible Activities

1. Children can think about what things found in their daily lives are made from. They will notice that many things are made from crude oil.
This is a plastic bottle.
What is this plastic bottle made from?
Is it made from oil?
2. An extended unit starting from planting popcorn and growing it and ending with a popcorn party can be designed. If popcorn seeds are planted, the corn can be harvested in about three months. This growing of popcorn can be part of science class. After drying the corn, time in home economics in the autumn can be used for children to follow the teacher’s instructions in English and make the popcorn. This will become a fun and fruitful learning activity for the children.